



**NCEDANA =  
help each OTHER**

## A mentor is....

someone who listens, encourages, challenges and questions so that the other person – the mentee (first year student) – is empowered.

Mentoring is not about giving advice. Becoming a mentor means offering first year students support and general guidance in relation to their social, personal and academic well-being. Each Ncedana mentor will be matched with a small group of first year students who are in the same faculty as their mentor.

As a mentor you will engage with online training materials, as well as receive weekly support from your faculty facilitator and mentor peers – also online. You will refer mentees for professional assistance should they need it.



## HOW MUCH TIME will mentoring take?

1.5-2 hours/week during term time, for the 1st semester – and just three sessions into third term when the programme ends.

This means one online get-together each week with your first year group, and one online meeting with your faculty facilitator and other mentors. Your mentees will also likely message you occasionally during the week with issues which arise.



## WHY BECOME A MENTOR?

- It's a challenge
- It opens opportunities for personal development
- You'll be helping other students succeed
- You will receive a letter of recognition for successful participation in the programme
- You can earn some money - R1 472 in total for 2.5 terms paid in April, May, June and July. Details in due course.



## WHAT DO PAST MENTORS SAY about being part of the mentoring programme?

"I've gained leadership skills, introspection skills, and relationship-building skills."

"A key part of my role was to look for my mentees' strengths – and help build on those."

"I've learnt how we have to earn respect by acknowledging each other, regardless of difference."

"I've become more self-motivated and responsible."

"Gaining the experience of being a role model has helped me to grow."

"Now I value other peoples' ideas."

"I've gained a sense of purpose...become less self-centred."

## Applications?

Brief applications are welcome ASAP, but no later than **Monday 15 March 2021**.

Send the following details to programme administrator Varaidzo on - mentoring@ru.ac.za

- Short motivation (2-3 paragraphs) stating why you are interested in being a mentor and what you would be able to offer first year mentees.
- Include your: (1) first name (2) surname (3) student number (4) faculty (5) year of study (5) academic transcript (6)

telephone number (7) email address (8) contact details of one referee.

*\* You will be contacted regarding the provisional outcome of your application with confirmation after registration. Please note that an application does not entitle applicants to a position.*



## QUERIES?

Email Varaidzo on mentoring@ru.ac.za



**Ncedana**  
Student Peer Mentoring Programme